



Checklist for patients collecting a sputum sample











1. Once you wake up in the morning, brush your teeth well and rinse your mouth out with water.





2. Take a deep breath and cough into a special wide neck container with a screw top lid.







3. The sputum sample should be delivered to the lab within 1 hour. If this cannot be done, ensure the quickest delivery possible, keeping the sample at a temperature of +4-+8°C.

Containers for collecting sputum samples are available at pharmacies or the procedure room at the Medical diagnostic and treatment centre.

Медицинский центр диагностики и лечения



Registration +370 698 0000

www.medcentras.lt

i The laboratory closes 30 minutes earlier than indicated.

VI 8.00 a.m.-3.00 p.m. MRI examinations - 7:00 a.m.-7:00 p.m.

VII 9.00 a.m. – 3.00 p.m Only MRI examinations.