



## Checklist for patients collecting a stool sample

### Recommendations for stool sample collection:



1. Stool samples should be collected in special disposable plastic containers. Containers are available at pharmacies or the procedure room of the Medical diagnostic and treatment centre.



2. The stool will not be suitable for testing, if the patient has used suppositories, sympathicotropic medication or laxatives, bismuth or barium supplements.



3. Stool samples should be taken from a few different spots of the stool and not be contaminated with urine. A small amount of stool (about 10 g) is enough for the test.



4. A stool sample should not be contaminated with water or urine and so it should not be collected from the toilet bowl. Defecating into a wide container (a Petri dish, a disposable plastic plate) is recommended.



5. Should worms be spotted in the stool, they should be delivered to the lab with the stool sample.



6. The patient's name and surname should be indicated on the container.



7. The container should be kept in a fridge (+2-+8°C) until it is time to deliver to the lab.



8. A stool sample must be delivered to the lab within 24 hours.

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#### Medical Diagnostics and Treatment Center

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I-V 7.00 a.m.–8.00 p.m. MRI examinations 7.00 a.m.–9.00 p.m.

VI 8.00 a.m.–3.00 p.m. MRI examinations – 7:00 a.m.-7:00 p.m.

VII 9.00 a.m.–3.00 p.m Only MRI examinations.

 The laboratory closes 30 minutes earlier than indicated.